## **16<sup>th</sup> Annual Cumberland Valley**

# TrailFest



## **On the Cumberland Valley Rail-Trail**

## SUNDAY, OCTOBER 23, 2022 - SHIPPENSBURG, PA

# Half Marathon

### **Time:** 9:30 am 🖉 🔊 🎚

- Lollipop course on local roads and rail trail starting and finishing at the at the Shippensburg Station
- Finisher medals to all finishers
- 1 Free Glass of Craft Beer, Craft Soda or Wine with your registration

#### Awards

Top 3 overall male & female, Top masters male & female, Top 2 age group male & female (19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

# 5k Run/Walk

#### **Time:** 10 am 🥝 🔊 🎚 **USATF** Certification Pending.

- Out and back starting and finishing at the at the Fort Street Trailhead
- 1 Free Glass of Craft Beer, Craft Soda or Wine with your registration

#### Awards

Top 3 overall male & female Top masters male & female Top 2 age group male & female (12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

# **10 Mile Ramble**

## Time: 8:30 am 🐠 🎚

- Point to point hike.
- Transportation provided from Shippensburg to Newville.
- 1 Free Glass of Craft Beer, Craft Soda or Wine with your registration



# **1 Mile Fun Run/Walk**

## **Time:** 9:35 am 😤 🎚

- Free\* for kids 1 to 100.
- Out and back on form the at the Fort Street Trailhead
- All finishers 12 & under receive a Ribbon
- \*Does not include t-shirt or lunch. Available for extra charge.

### 25 Mile Bike Ride **Time:** 9:00 am 🔂 🎚

- Out and back starting at the at the Fort Street Trailhead
- 1 Free Glass of Craft Beer, Craft Soda or Wine with your registration

