



Join us in honoring **Ed Sponseller** and his love for running... any age, any distance.

Virtual Community Fun Event May 1-May 9, 2021

Choose your day to walk or run in honor or memory of a loved one.

Proceeds benefit the **LIVESTRONG®** at the YMCA Program

Take a photo of you during your walk/run and share with the Y's Facebook page and EdK Run

Event will not be timed

\$20 Registration Fee Includes T-shirt

(guaranteed with registrations by 04.26.21)

*All participants will receive a **LIVESTRONG** bracelet

REGISTER ONLINE TODAY AT edkrun.com

VIRTUAL

MAY 1-MAY 9, 2021

- **Pick your day**
- **Invite Family & Friends**
- **Wear your EDK t-shirts**
- **Snap a photo to share on the Y's Facebook Page and EdK Run**
- **Support a great cause**

edkrun.com



NAME: _____ PHONE #: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

GENDER: M / F EMAIL: _____ D.O.B. _____ AGE ON RACE DAY: _____

SHIRT SIZE: ADULT S, M, L, XL, XXL

Release and Consent Form: In consideration of the acceptance of my entry/my child's entry. I for myself of my child, our executors, administrators and assignees do hereby release and discharge the organizer of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any/all of the foregoing to use my/my child's name, photographs, video tapes, motion pictures, recordings or any other record of the event for any legitimate purpose without compensation of remunerations.

Participant's Signature _____

**Please submit registration forms & payment to:
Chambersburg YMCA * 570 E. McKinley Street * Chambersburg, PA 17201**

(parent or guardian signature if under 18)