

Quiet Valley Rooster Run





Saturday, July 13, 2019

Quiet Valley Living
Historical Farm
Stroudsburg, PA

5k Trail Run

5k Race / Walk

Time: 9:00 AM   

- Chip timed
- Custom made pottery awards
- Race starts at 9 am with awards ceremony at 10 am.
- **Awards** : Top male & female,
Top masters male & female
Top 2 age group male & female
(12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

1 Mile Kids Fun Run

Time: 8:30 AM  

- For kids 1 to 100.
- Out and back through the farm
- All finishers 12 & under receive a Ribbon

*Does not include t-shirt. T-shirt available for \$5 by June 30

Tour the Quiet Valley Living Historical Farm property over hill and dale, past the farm ponds, pastures, apple orchards, historical buildings and through a covered bridge. Course has varying surfaces including grass, dirt, gravel and paved roads.

Register online and view results at www.TimberHillTiming.com

Registration must be received by June 30 to be guaranteed a t-shirt

Early mail registration ends June 30. Early registration prices available online until July 12

Registration will occur at Quiet Valley starting at 7:45 am. • **Rain or Shine**

Proceeds benefit the Quiet Valley Living Historical Farm, a 501(c)(3) non-profit corporation

For more information or to volunteer contact: **Sue Oiler • 717.860.6104 •**

QVRoosterRun@timberhilltiming.com

Directions to the Start: 343 Quiet Valley Road, Stroudsburg, PA, 18360 - *From the East:* I80 West to Exit 304 onto Route 209/33 South. Right at Shafer's School House Road. 1 block, turn left on Business Route 209 South, ½ mile, turn left on Hickory Valley Road (just past Sunoco Station) and follow blue & white signs for 1 ½ miles.

From the west: I80 East to Exit 302A onto Route 33. Use **SECOND** Snyder'sville Exit. Left on Manor Drive. Go to end of road, about 2 1/2 miles. Follow Blue & White Signs.



